



MOMMY & ME BABY EXPO

Date: Saturday, April 20 **Time:** 10 a.m.-1 p.m.

Where: Regional One Health Outpatient Center,
880 Madison Ave., Memphis, TN 38103

Join us for a family-friendly event with health education and prenatal information for expectant mothers. Meet our Women's Services inpatient and outpatient team and physicians, and get information to help you have a healthy pregnancy and baby!

- Breastfeeding information
- Car seat & seatbelt safety
- Healthy pregnancy tips
- Vendor displays
- Mommy lounge
- Giveaways & more!

For more information, visit regionalonehealth.org/community
or call **901-545-8446**.