



Regional One Health REHABILITATION HOSPITAL



Regional One Health Rehabilitation Hospital is a 30-bed inpatient facility located in a newly renovated space with spacious private rooms and on-campus parking. We are the only rehabilitation program in the mid-South with brand-new private rooms in a state-of-the-art facility.

Our rehabilitation hospital serves to advance the continuum of patient care services for a wide variety of conditions that require rehabilitative services after an illness or injury. The rehabilitation program complements the clinical expertise of other services offered throughout Regional One Health that focus on the healing and recovery of individuals from more than five states. The physicians, nurses, therapists and members of other disciplines create a team that understands health and healing and is committed to enhancing the quality of life for those it serves. Their expertise includes a board-certified physiatrist and staff with additional certification in pain management.

Our inpatient and outpatient rehabilitation programs provide comprehensive medical rehabilitation services for adults and adolescents (over the age of 14).

Care team and rehabilitation services

Through our patient-centered, interdisciplinary approach, each patient receives an individualized care plan with a full complement of services including nursing, physical therapy, occupational therapy, speech-language pathology, recreational therapy, social work, pharmacy, psychology and nutrition.

Our patients participate in intensive rehabilitation programs that include progressive mobility programs, exercise, activities of daily living, home management, community access, adapted recreational activities, and education. Treatment programs are based on patient needs and goals are incorporated into patient/family/support system training and instruction to achieve goals and sustain gains after discharge.

The nurse-to-patient ratio is typically 1 to 2 nurses per 6 to 7 patients. In therapy, each therapist is assigned five to six patients and therapy is provided primarily on a 1-to-1 basis. Group therapy activities are also included.



**Regional One Health
Rehabilitation Hospital**
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3rd Floor, Turner Tower
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Admissions Office
545-6060

**Administrative Director
Rehabilitation Hospital**
545-8492

Nurses' Station
545-8739

**Medical Director
Rehabilitation Hospital**
545-8713

**Rehabilitation Case
Management**
545-8746